

POINT SPARRING					
DIVISION	AGE	LEVEL	GENDER	WEIGHT - MALE	WEIGHT - FEMALE
Tiny Tot	6 & under	10th-7th gup/kyu	Coed	40 lb & under-light	SAME
		6th-4th gup/kyu	Coed	40.1-52 lb -middle	
		3rd-1st gup/kyu	Coed	over 52.1 lb - heavy	
Pee Wee	7-8	10th-7th gup/kyu	Male/Female	76 lb & under - light	SAME
		6th-4th gup/kyu	Male/Female	76.1-88 lb - middle	
		3rd-1st gup/kyu	Male/Female	over 88.1 lb - heavy	
		All black belt ranks	Male/Female		
Junior	9-10	10th-7th gup/kyu	Male/Female	96 lb & under - light	SAME
		6th-4th gup/kyu	Male/Female	96.1-108lb - middle	
		3rd-1st gup/kyu	Male/Female	over 108.1lb - heavy	
		All black belt ranks	Male/Female		
Youth	11-12	10th-7th gup/kyu	Male/Female	106 lb & under - light	96 lb & under - light
		6th-4th gup/kyu	Male/Female	106.1-118 lb - middle	
		3rd-1st gup/kyu	Male/Female	over 118.1 lb - heavy	
		All black belt ranks	Male/Female		
Young Teen	13-14	10th-7th gup/kyu	Male/Female	116 lb & under - light	106 lb & under - light
		6th-4th gup/kyu	Male/Female	116.1-128 lb - middle	
		3rd-1st gup/kyu	Male/Female	over 128.1 lb - heavy	
		1st dan black belt	Male/Female		
		2nd dan & up	Male/Female		
Teen	15-17	10th-7th gup/kyu	Male/Female	136 lb & under - light	128 lb & under - light
		6th-4th gup/kyu	Male/Female	136.1-148 lb - middle	
		3rd-1st gup/kyu	Male/Female	over 148.1 lb-heavy	
		1st dan black belt	Male/Female		
		2nd dan & up	Male/Female		
Senior	18-34	10th-7th gup/kyu	Male/Female	188 lb & under - light	140 lb & under - light
		6th-4th gup/kyu	Male/Female	188.1-200 lb - middle	
		3rd-1st gup/kyu	Male/Female	over 200.1 lb - heavy	
		1st-2nd dan	Male/Female		
		3rd-4th dan	Male/Female		
Executive	35 and up	10th-7th gup/kyu	Male/Female	188 lb & under - light	140 lb & under - light
		6th-4th gup/kyu	Male/Female	188.1-200 lb - middle	
		3rd-1st gup/kyu	Male/Female	over 200.1 lb - heavy	
		1st-2nd dan	Male/Female		
		3rd-4th dan	Male/Female		